

Cape Elizabeth Fire Department Policy & Procedure Manual

Policy:	Critical Incident Stress Management-CISM
Section:	Personnel
Policy #	6.15
Date Effective:	9/10/2010

Purpose: To inform all Department personnel as to when a defusing and/or a debriefing should be conducted.

Responsibility: It is the responsibility of **Any Department Member** who feels a Critical Incident or event that warrants CISM to inform the Incident Commander or OIC to contact the Department Chaplain, if not already on scene, to start the process for conducting a defusing and/or debriefing.

Procedures: When an individual, members of a crew, other CEFD personnel, or any other responding agency regardless of jurisdiction has encountered a critical incident or event (*serious trauma, death of a child, loss of a department member, etc.*) The Department Chaplain will conduct demobilization at the conclusion of the incident or event and a defusing as soon as possible. This ideally will be conducted just after the incident or event but not more than eight hours post incident. If the Department Chaplain is not available for a defusing, Southern Maine Critical Incident Stress Management Team shall be notified to assist in conducting the defusing and or debriefing. The debriefing must take place 24-72 hours post incident or event. Depending on the needs of the individuals or department, all resources that are available to deal with such a situation (SMEMS, MFCA, MEMA, FEMA, Maine Chaplains Association, Maine Federation of Firefighters, Maine L.A.S.T. Team etc.) will be utilized to the degree necessary.

These numbers are available at dispatch and are listed below.

- Department Chaplain Rev. Martin J. Jordan (207) 232-6144
- Critical Incident Stress Team: (207) 791-7371

All personnel involved in the incident must be contacted to attend. No one is left to deal with a CISM event alone.

Care-Safety-Well Being

“EVERYONE GOES HOME”